

Oman Regions

The Sultanate of Oman is administratively divided into five regions and four governorates (Muscat, Dhofar, Musandam and Al Buraimi)The regions

- Al Batinah
- Al Dhahirah
- Al Dakhiliyah
- Al Sharqiyah
- Al Wusta

Al Batinah – Ancient Capitals – And home of Sinbad the Sailor!

Al Dhahirah – A desert plain with a UNESCO World Heritage Archaeological Site – The Bat Tombs (4000 BC)

Al Dakhiliya – from Forts to rock climbing

Al Sharqiyah – Azure seas and virgin beaches, resting turtles, dramatic gorges and serene wadis.

Al Wusta – The heart of Oman’s wildlife